# Little SPARK: Simple Play Adaptations to Reference for Kids

## Social Story Book by Carol Gray

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| **Description:** | **Image:** |
| This book features stories that help modify behavior and teach life skills with visual prompt-pictures that make the stories even more effective. | The New Social Story Book by Carol Gray |

**Who Might Benefit?**

Those who have difficulty with social interaction, anxiety, behavioral regulation, sensory processing, and adapting to change often thrive with structured routines and targeted support.

**Why Use?**

Provides an opportunity to build self-regulation, make positive behavior choices, understand social situations, and feel prepared for new experiences through predictable routines and clear expectations.

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| Instructions for Use: | Adaptation Ideas: |
| **Environmental Considerations**   * Use in the environment they are intended for.   **Basic Play/Use**   * Introduce before the situation/event occurs.   **Extended Play/Use**   * Review the story following targeted situations and discuss outcomes.   **Play/Use with Others**   * Designed to be used individually for targeted behaviors but could be used in whole groups to form class expectations. | **Simplify It**   * Use short sentences at the child’s level of understanding.   **Add Sensory Cues**   * Use video or digital formats as alternatives to paper/text.   **Communication Support**   * Add picture symbols, photographs, or the child’s drawings.   **Alternative Uses**   * Use to teach self-care routines and task completion. |

### Words to Encourage Play/Use

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| **Read**  a person reading a book | **Listen**A person talking to a ear | **Sit**A child sitting cross legged. |
| **Look**Face with eyes looking away with a black arrow pointing in the direction the face is looking. | **Turn**A green circle with black arrows going around the circle. | **Help**A child kneeling on his knee and another child reaching toward the kneeling child. |
| **NextArrow pointing to person figure with "3" over their head in a line of two other people.** | **ReadyA child with blue shirt and shorts with lines emphasizing the child and a thumbs up from someone else.** | **DoneA child with a thumb up slightly pointed toward themself and a green circle with a white checkmark next to the child.** |

\*”Adaptations” adapted from: Haugen’s Modes for Adapting Toys based on materials from the "Let's Play" Project at the University of Buffalo

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